



Liberty Union High School District Isolation & Quarantine Guidance

Updated 1/15/2022

Test Positive for COVID-19 (Isolation Required)	Actions
Any positive test, regardless of the type of test or vaccination status of the individual	<ul style="list-style-type: none"> • Isolate (stay home) for at least 5 days • Test on or after Day 5 <ul style="list-style-type: none"> ○ If you <u>have</u> symptoms: Day 1 is the day after the symptoms started ○ If you <u>do not have</u> symptoms: Day 1 is the day after the positive test result ○ Antigen test preferred • If test is negative, you may return to school on or after Day 6 if you are fever-free and all other symptoms are improving • Wear a well-fitting mask around others at all times, indoors and outdoors, for the entire 10-day period (at work, home, and in the community) <ul style="list-style-type: none"> ○ This may impact your participation in extracurricular activities • If unable to test or choose not to test, isolation is required for 10 days • If positive test on or after Day 5, stay isolated until a negative test is obtained or 10 days of isolation have passed • If test negative and fever still present, continue to isolate until no fever for at least 24 hours without medication • If test negative and other symptoms are not improving, continue to isolate until symptoms are resolving • Test results should be provided to the attendance office to return to school

Group Contact to COVID Positive Individual in School (No Quarantine Required)	Actions
Regardless of vaccination status or previous infection of the individual	<ul style="list-style-type: none"> • Continue to attend school unless you develop symptoms or test positive for COVID-19 • Test 3-5 days after the exposure or sooner if symptoms develop (highly recommended) <ul style="list-style-type: none"> ○ Day 1 is the day after the exposure • If symptoms develop at any time, test and stay home <ul style="list-style-type: none"> ○ If you test positive, follow criteria for positive individuals above • Continue to wear a mask indoors in the school and community

Close Contact to COVID Positive Individual at Home <u>or</u> in the Community	Actions
<ul style="list-style-type: none"> Fully vaccinated* <p>OR</p> <ul style="list-style-type: none"> Previously infected with (laboratory confirmed) SARS-CoV-2 within the last 90 days 	<ul style="list-style-type: none"> Continue to attend school Test 3-5 days after the exposure (recommended only) <ul style="list-style-type: none"> Day 1 is the day after the exposure If symptoms develop at any time, test and stay home <ul style="list-style-type: none"> If you test positive, follow criteria for positive individuals above
<ul style="list-style-type: none"> Not fully vaccinated (Quarantine Required) 	<ul style="list-style-type: none"> Quarantine (stay home) for at least 5 days Test on or after Day 5 <ul style="list-style-type: none"> Day 1 is the day after the exposure If test is negative, student may return to school on Day 6 If unable to test or choose not to test, quarantine is required for 10 days If symptoms develop at any time, test and stay home If student tests positive, follow criteria for positive individuals above Test results should be provided to the attendance office to return to school

Symptoms of COVID-19 (Isolation Required)	Actions
<p>COVID-19 Symptoms but NOT a Close Contact, regardless of vaccination status or previous infection of the individual</p> <p>(e.g., fever, cough, runny nose, loss of taste or smell, difficulty breathing)</p> <p>Symptom Screening per CDC</p>	<ul style="list-style-type: none"> Isolate (stay home) and Test You may return to school if you are fever-free, symptoms are improving, and: <ul style="list-style-type: none"> Test negative <p>OR</p> <ul style="list-style-type: none"> Have a doctor's note stating COVID has been ruled out (something else other than COVID-19 infection is reason for symptoms) <p>OR</p> <ul style="list-style-type: none"> Isolate at home for 10 days since symptoms started If test negative and fever still present, continue to isolate until no fever for at least 24 hours without medication If test negative and other symptoms are not improving, continue to isolate until symptoms are resolving If positive test, stay isolated until a negative test is obtained or 10 days of isolation have passed Test results should be provided to the attendance office to return to school

Any [approved test](#) may now be used, including home tests with photo verification. Test results should be provided to the school's attendance office to return to school.

*Fully vaccinated: At least two weeks have passed since completion of a 1-dose or 2-dose COVID vaccine series.
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

This guidance is in alignment with:

- COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx#>
- Contra Costa County Health Services K-12 School Guidance <https://cchealth.org/covid19/pdf/COVID-SCHOOLS-GRID.pdf>